



Fall and Winter Planting Guide

There is nothing more satisfying than heading out to the garden to harvest something to spice up your dinner, add to a salad, or cook as a side-dish. Luckily, here in Central Texas we have amazing choices of plants that thrive in our mild fall and winter climates. Many of these plants are what we call “root crops” because we consume the root portion of the plant. These include carrots, beets, radish, garlic, potatoes, etc. But, this time of year is also ideal for growing leafy greens such as lettuce, spinach, and collards.

As for herbs, once they are established they will return year after year, even if they freeze to the ground in a cold snap. Another alternative is to grow your herbs in containers. Basil, bay, chives, cilantro, dill, lavender, Lemon Balm, Mexican mint marigold, mint, oregano, parsley, rosemary, sage, and thyme all grow well in containers. Containers also allow you the flexibility to move the plants indoors in case of weather threats,

Check out the charts to find your favorite veggies and herbs and get growing!

Vegetables To Plant In Fall and Winter

September–November		January–March	
Artichoke	Warm Season Greens	Artichoke	Lettuce
Asian Greens	Kale	Asian Greens	Mustard
Beets	Kohlrabi	Asparagus	Bulbing Onions
Broccoli	Lettuce	Beets	English Peas (snap and snow)
Brussel Sprouts	Mustard	Broccoli	Irish Potatoes
Cabbage	Bunching Onions	Cabbage	Radish
Carrots	English Peas (snap and snow)	Carrots	Spinach
Cauliflower	Radish	Cauliflower	Turnips
Swiss Chard	Spinach	Cool Season Greens	
Collards	Turnips	Kale	
Garlic		Kohlrabi	
Cool Season Greens		Leeks	

Herbs To Plant In Fall and Winter

September–November		January–March	
Borage	Fenugreek	Anise	Mexican Mint Marigold
Burnet	Lemon Balm	Basil	Mint
Caraway	Mexican Mint Marigold	Bay	Oregano
Catnip	Oregano	Chervil	Parsley
Celeriac	Parsley	Caraway	Rosemary
Chamomile	Rosemary	Catnip	Sage
Chervil	Sage	Chives	Summer Savory
Chives	Santolina	Cumin	
Comfrey	Winter Savory	Dill	
Coriander	Sorrel	Fennel	
Cumin	Thyme	Fenugreek	
Dill	Yarrow	Horseradish	
Fennel		Lemon Balm	

You can check the Texas [A&M Vegetable Planting Guide](#) for more details on when to plant.